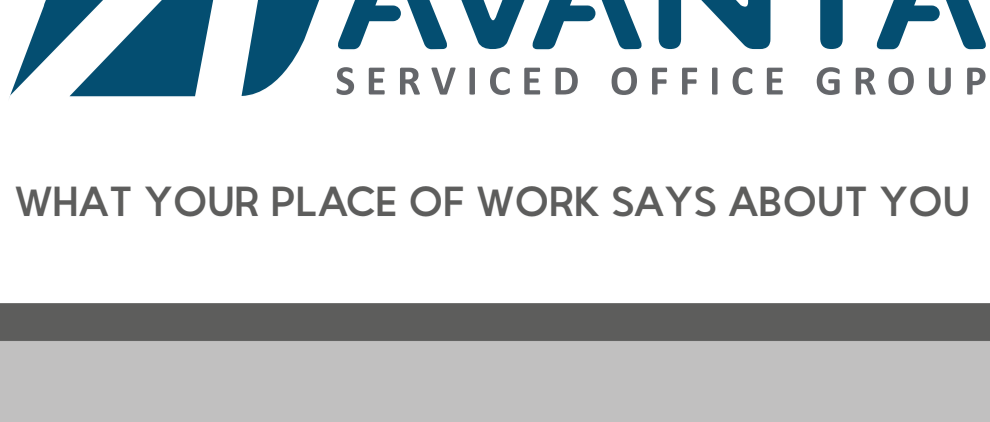
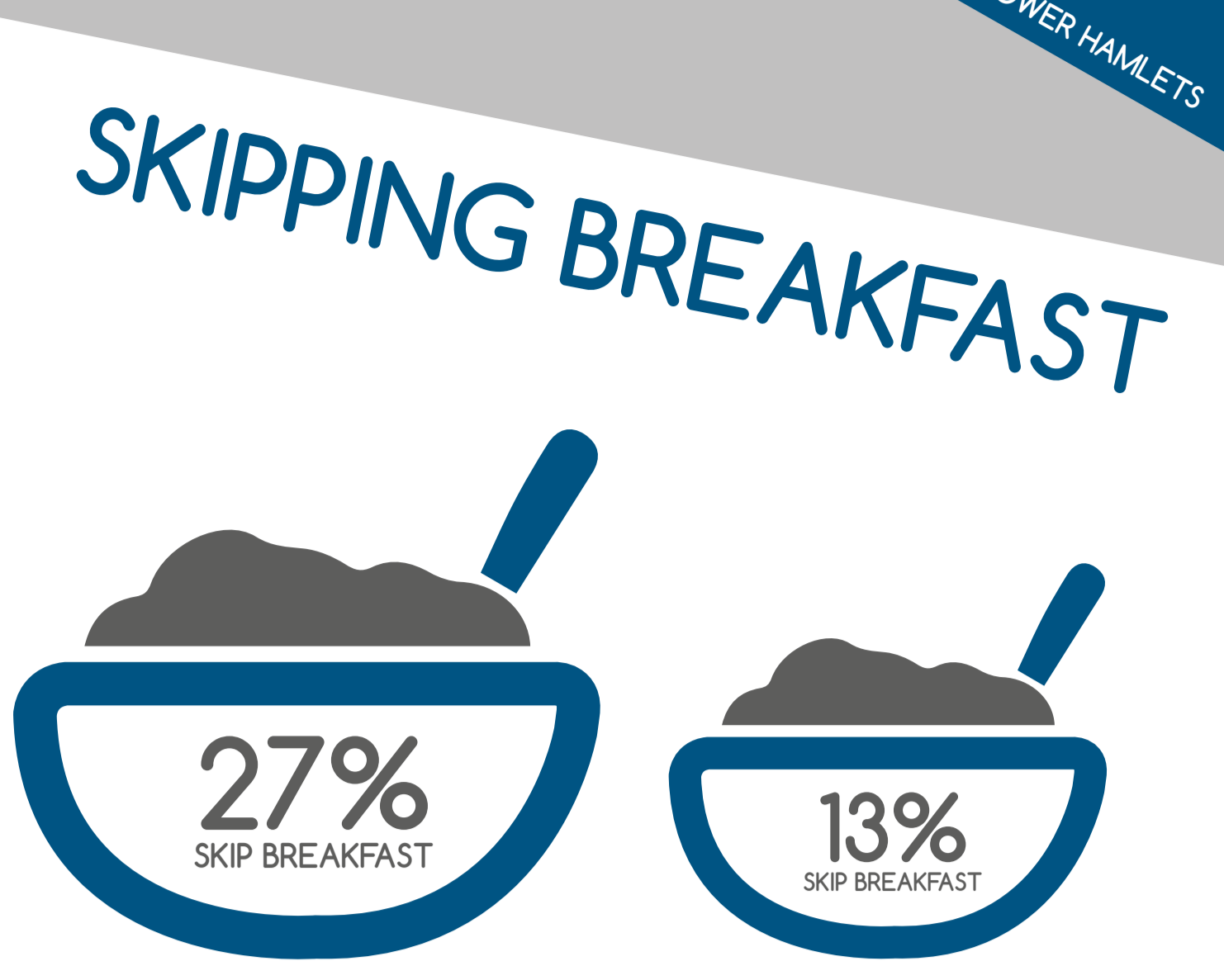


The London Worker Index

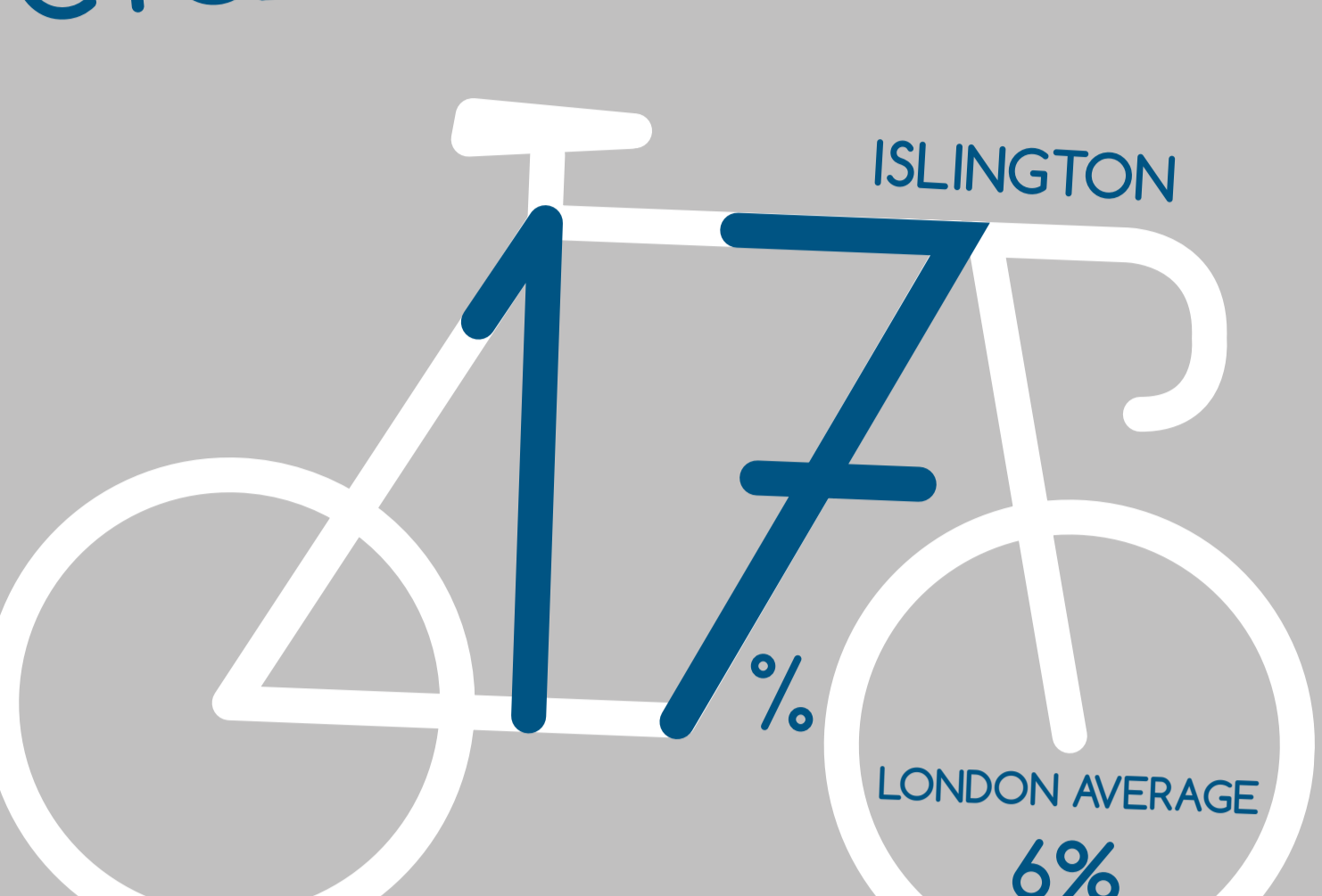


WHAT YOUR PLACE OF WORK SAYS ABOUT YOU

GETTING READY FOR WORK



SKIPPING BREAKFAST



CYCLE TO WORK



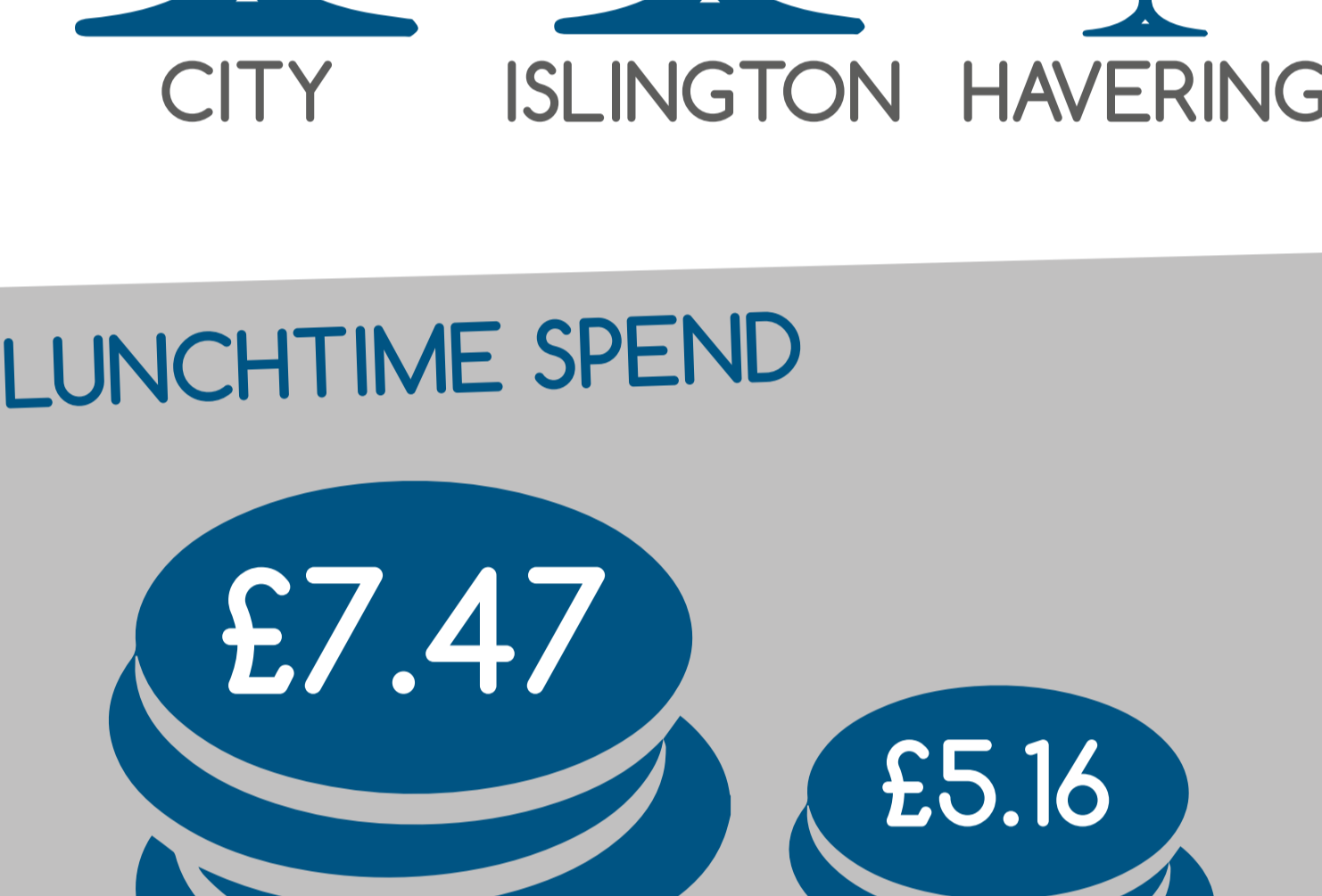
CHECKING SOCIAL MEDIA



DAILY COMMUTE



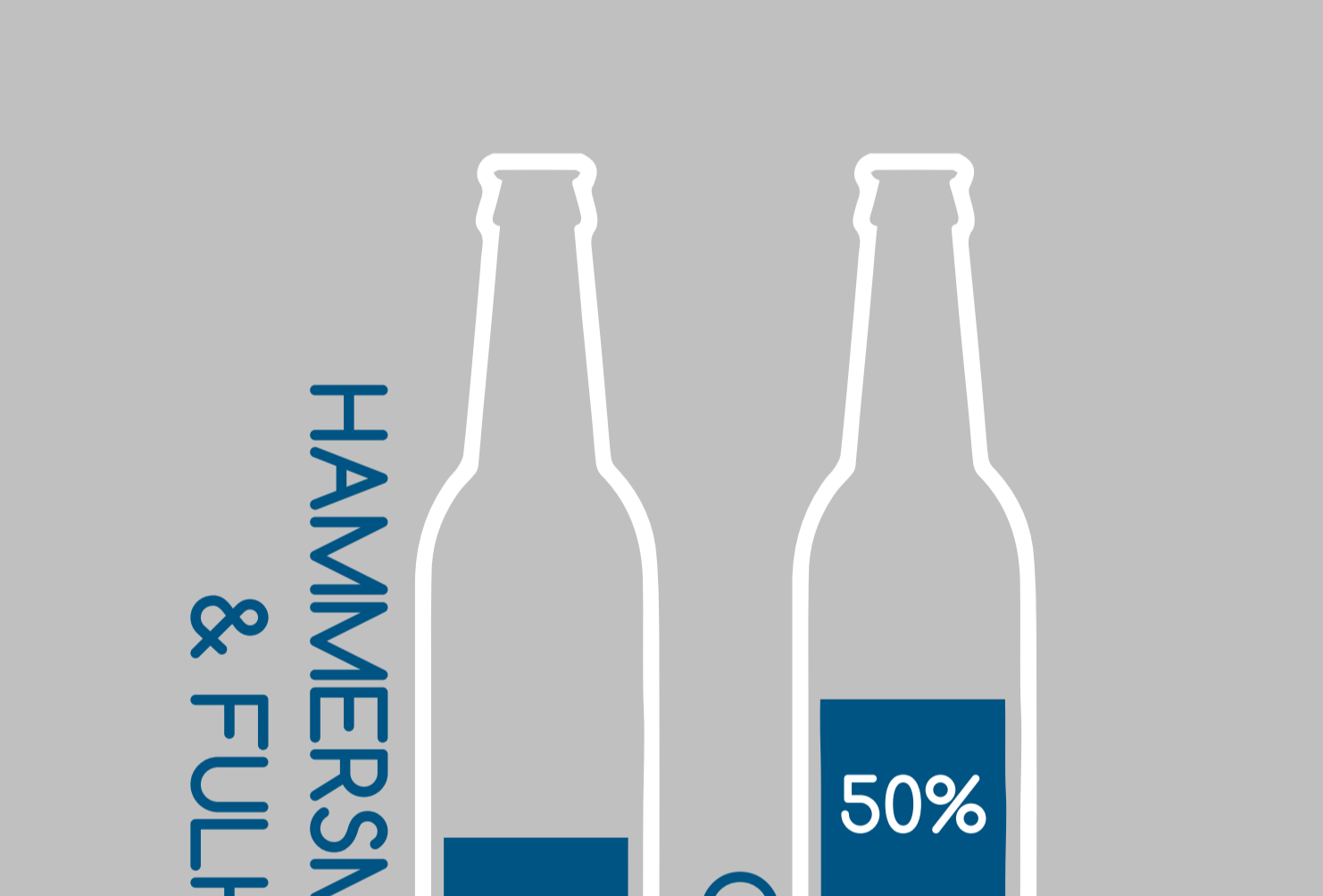
NIGHTS OUT DRINKING PER WORKING WEEK



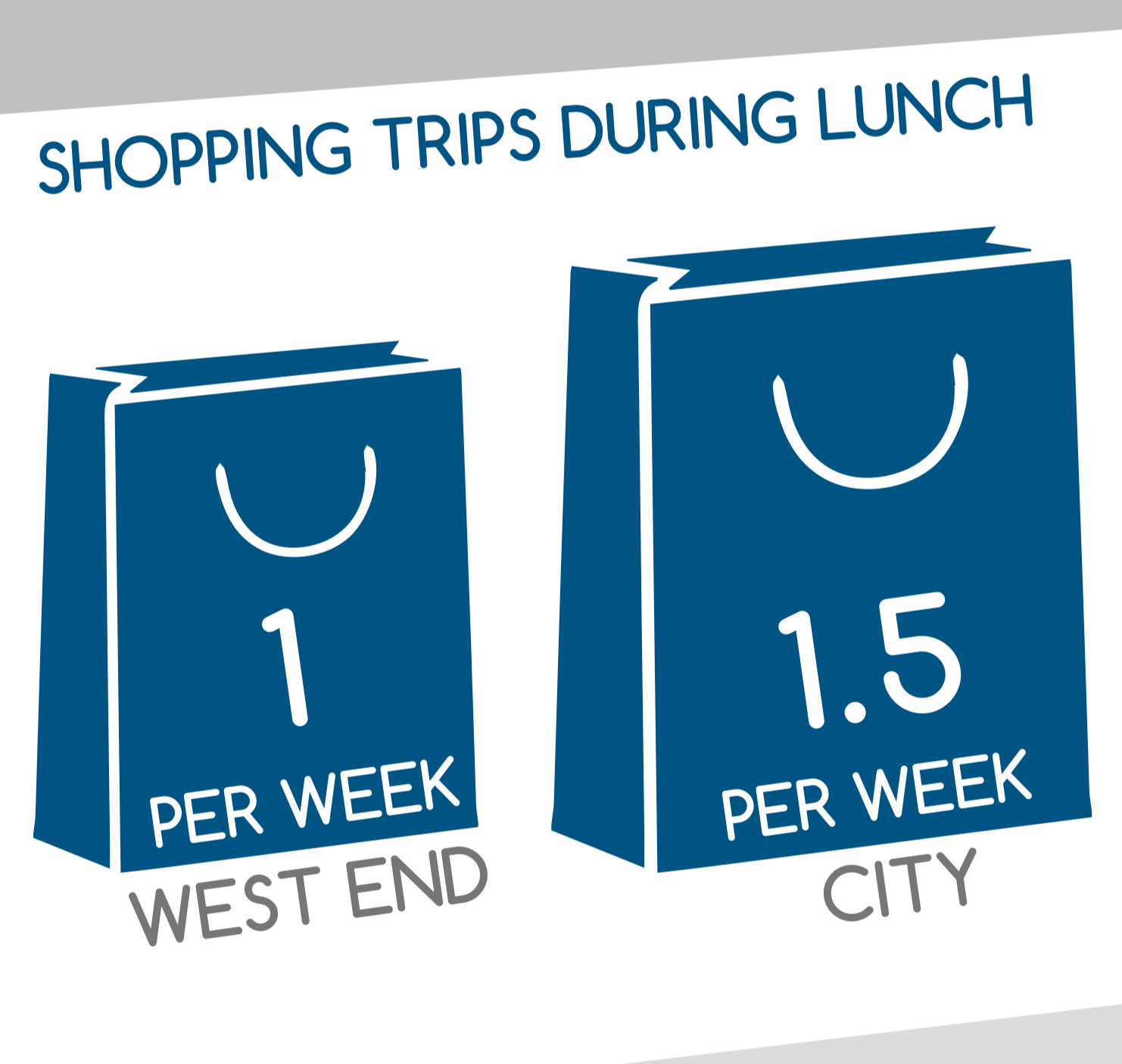
LUNCHTIME SPEND



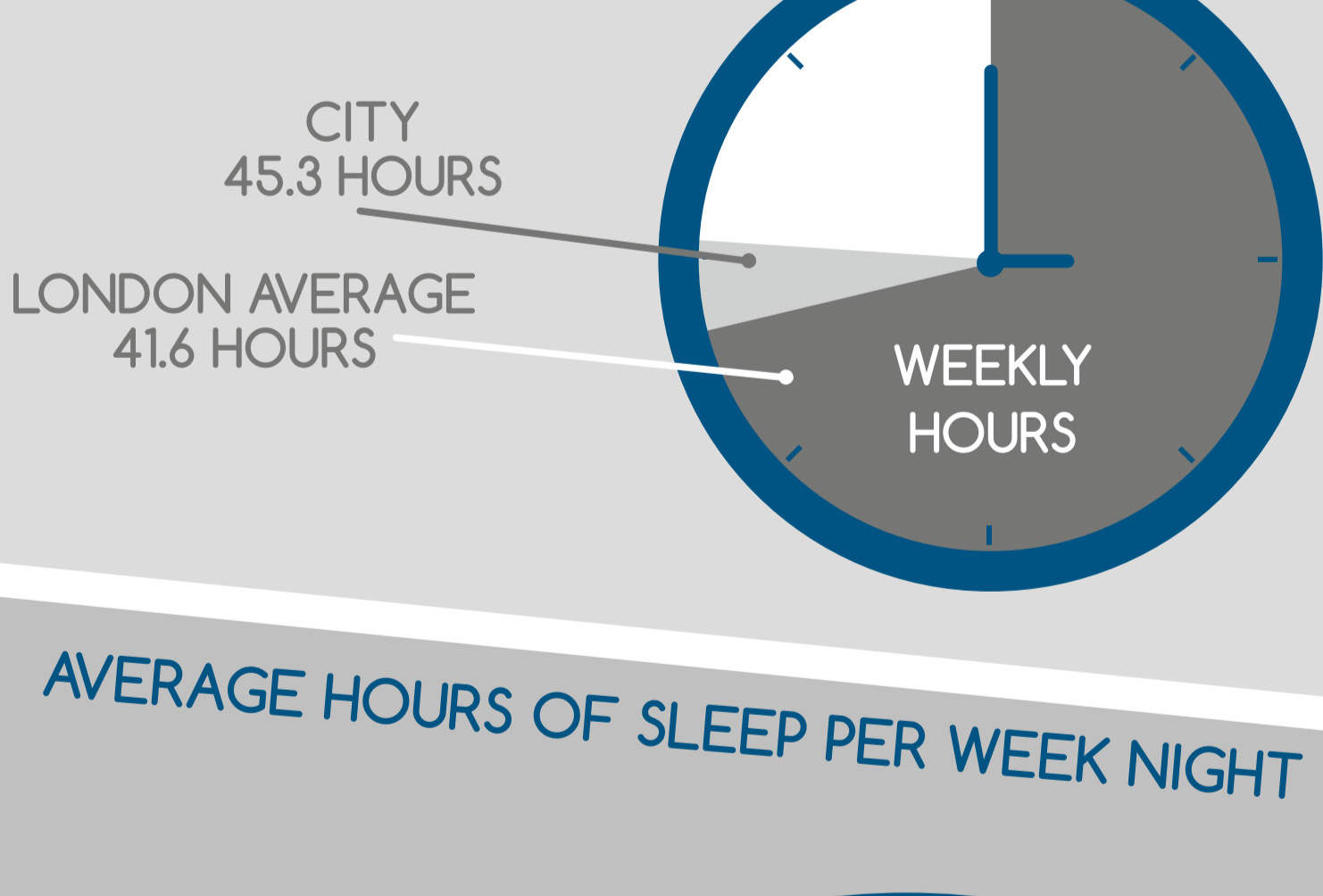
ANNUAL HOLIDAY (DAYS)



HAD A HANGOVER AT WORK



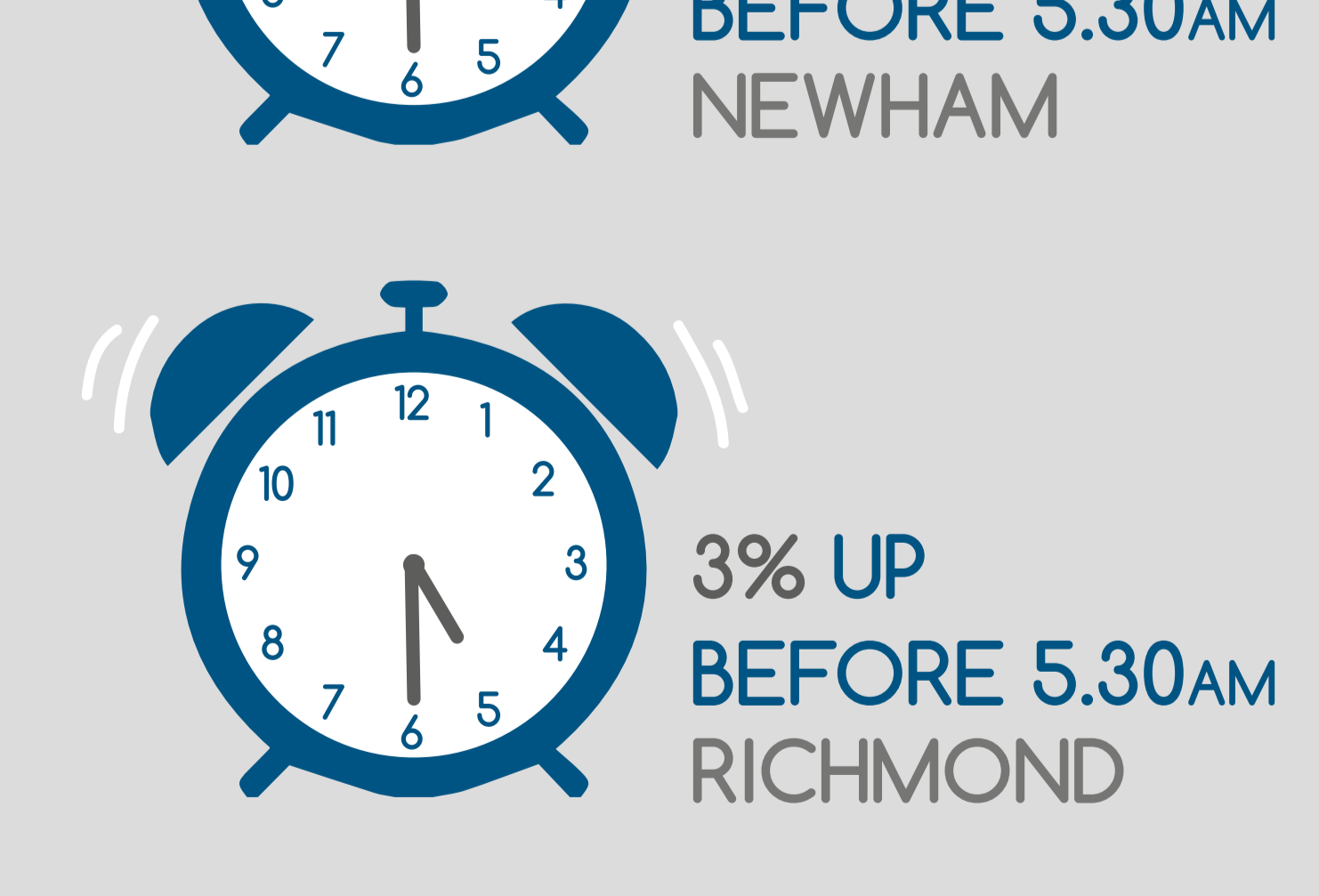
SHOPPING TRIPS DURING LUNCH



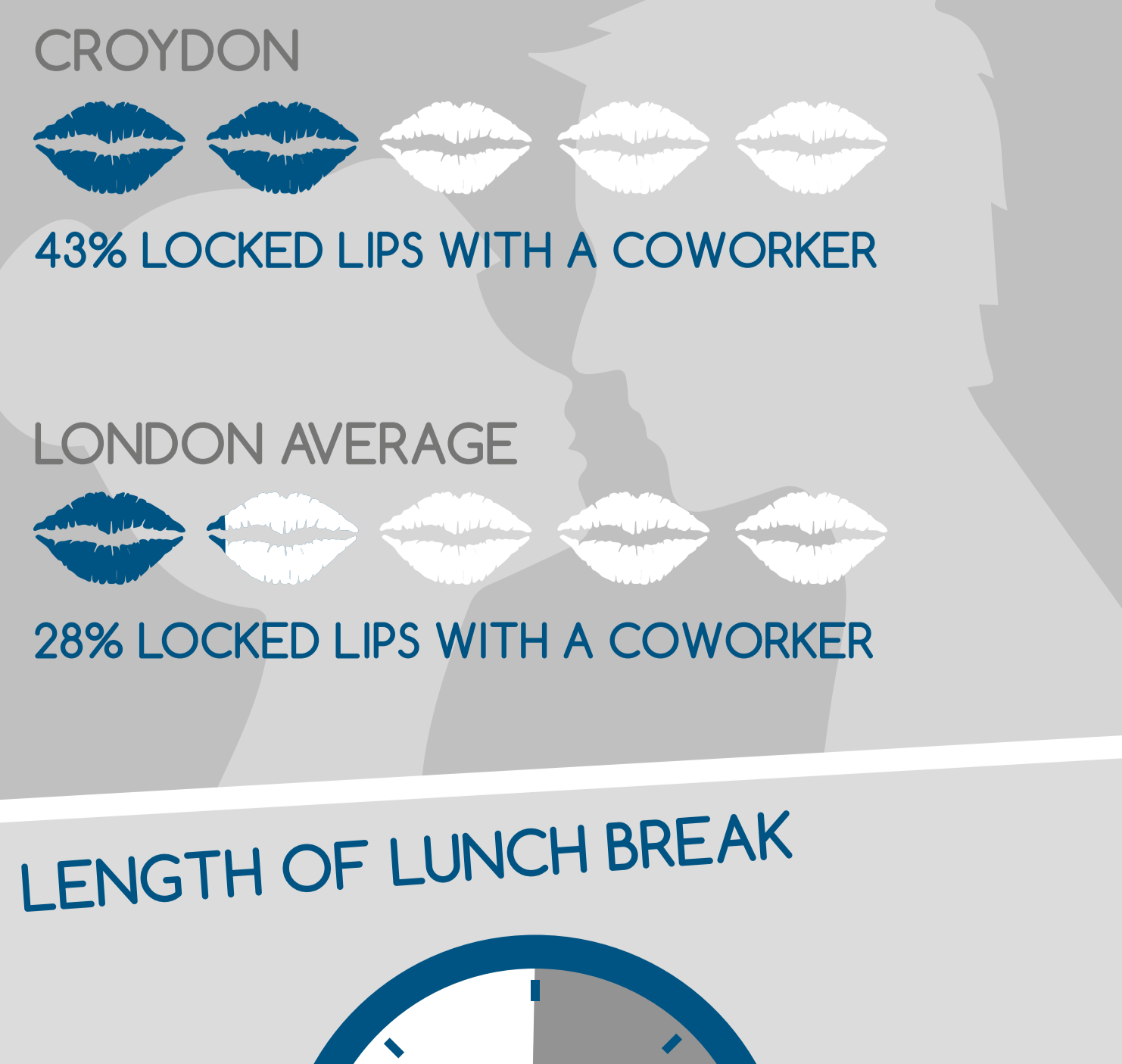
HOURS SPENT WORKING PER WEEK



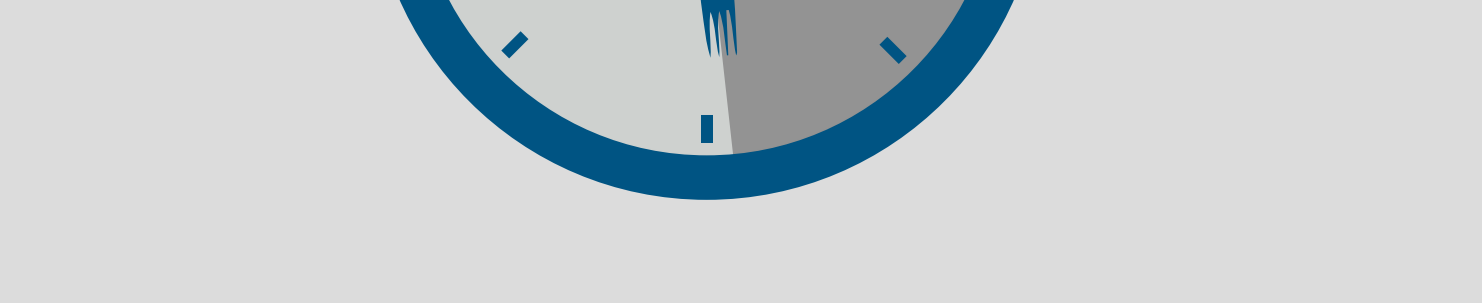
AVERAGE HOURS OF SLEEP PER WEEK NIGHT



EARLY BIRDS...



OFFICE ROMANCE



LENGTH OF LUNCH BREAK

